



Elisson gUG / An Intercultural North-South Connection
Email: info@elisson.org
<https://elisson.org/>
Berlin, Germany

Infopack

Training Course "Cultural Voices: Empowerment and Mental Health"

Part II: 24.11.-01.12.25 in Berlin



Co-funded by
the European Union



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Topic:

The Cultural Voices Training is a dynamic and innovative project designed for youth workers, social workers, and educators, equipping them with essential skills in mental health, empowerment, and conflict resolution through creative methods such as theater, non-violent communication, and democracy-building. Recognizing the challenges youth workers face - particularly in managing their own well-being while supporting young people - the project offers a two-phase training program in Greece and Germany. In Greece, the focus is on strengthening youth workers themselves, providing them with practical tools to navigate difficult situations, lead confidently, and create inclusive, empowering spaces. The second phase in Germany shifts the focus to empowering young people directly, ensuring that youth workers can facilitate participation, engagement, and self-expression using methods such as non-violent communication, self-care strategies, and empowerment techniques.

Applicant organization: Elisson gUG Berlin

Partners:

- Filoxenia, Intercultural-Environmental Organisation
- Ayuntamiento de Murcia

Participants: 8 & 1 leader

Ages: +18



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Technical information:

1.) Project venue

Youth Center Wildwuchs

Götelstr. 64, 13595 Berlin

<https://wildwuchs-spandau.de/>



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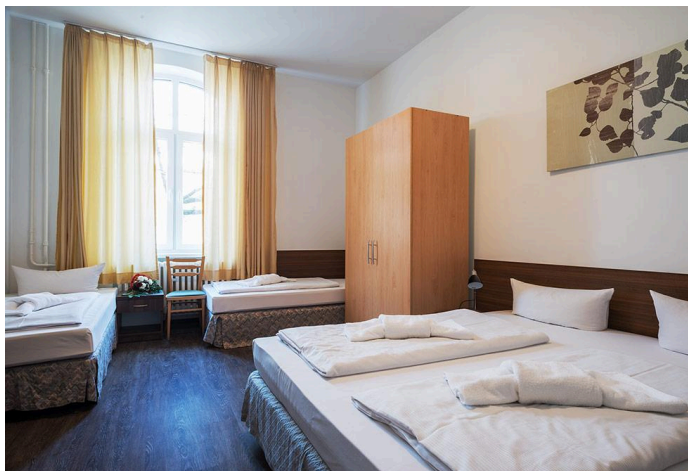
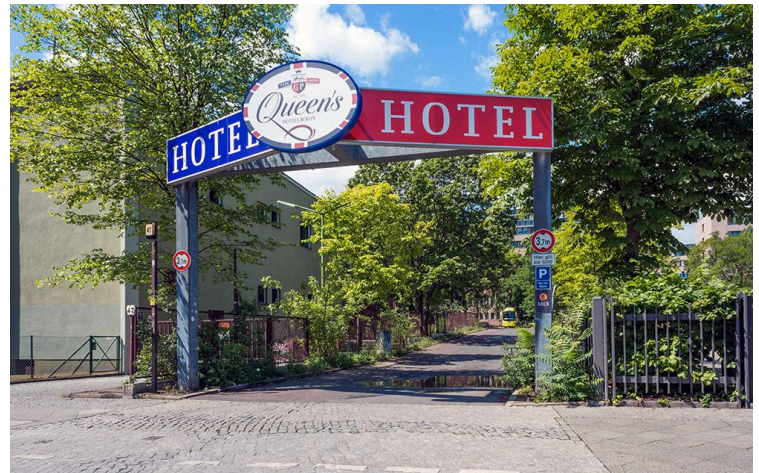
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2.) Accommodation

Queen Park Hotel

Königin-Elisabeth-Straße 47a, 14059 Berlin, Germany

<https://queenshotels-berlin.de/>



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3.) How to get there? Directions:

Airport:

The closest airport is BER Airport

Train:

From the BER Airport there are multiple options to get to the Queens Park Hotel, where you are accommodated:

- Take the **FEX** (to S+U Lichtenberg Bhf) **or** regional train **RE8** to **Berlin Ostkreuz**, change there to the metro **S42** (to S Westend) and stay in the train till the final destination **Westend**. From there it's a 12 minute walk by foot to the hotel.
- Or take the metro **S9** (to S Spandau Bhf) **or** **S45** (to S Südkreuz Bhf) to **Adlershof**, change there to the metro **S46** (to S Westend) and stay in the train till the final destination **Westend**. From there it's a 12 minute walk by foot to the hotel.
- Or take the **FEX** (to Berlin-Lichtenberg) to **Schöneweide**, change there to the metro **S46** (to Westend) and stay in the train till the final destination **Westend**. From there it's a 12 minute walk by foot to the hotel.
- Or take the **S9** (to S Spandau Bhf) to **Treptower Park**, change there to the **S42 or S41** (it's a circular metro line) to **Westend**. From there it's a 12 minute walk by foot to the hotel.

You can book your ticket online here:

<https://www.bvg.de/de/abos-und-tickets/alle-tickets>

You follow the same route on the way back.





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4.) Arrival and Departure

Date of arrival: 24.11.2025 before 18:00 p.m.

Date of departure: 01.12.2025 after 9:00 a.m.

5.) Contact & Participation

Contact person in case of further information: Andromachi Poulou, info@elisson.org



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